



JANUARY 2023

# 4-H Family News

Livingston County



## Enroll in 4-H Online to stay up to date on 4-H events, opportunities, and deadlines!

Don't delay anymore, re-enroll in 4-H online for the 2023 program year! On January 30<sup>th</sup>, we will only send out the February newsletter to **currently enrolled youth and families**. To ensure you are receiving important communications and updates, make sure to re-enroll! Membership fees are waived moving forward so it's free to enroll! What are you waiting for? Enroll today!

Enroll today at: <https://v2.4honline.com/#/user/sign-in>



### UPCOMING MEETINGS AND EVENTS:

#### The Animal Project Committee

January 3rd, 2023 at 7 pm in the MSU Extension Office

#### Livingston County 4-H Hartland New and Used Tack Sale:

January 14th, 2023 from 10 am - 2 pm at Hartland Educational Support Service Center

#### 4-H Council Meeting

January 17th, 2023 at 7 pm in the MSU Extension Office

#### Horse Association

February 14<sup>th</sup> at 7 pm in the MSU Extension Office

### CONTACT US

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# COUNTY 4-H NEWS

## Livingston County 4-H Clubs are Busy Across the County!

The Ranger's 4-H Club December meeting/Christmas party was a ton of fun! Members had a marshmallow relay and dressed adults as Christmas characters. Teams drew a character from a hat and then worked together using Christmas wrapping paper, ribbons, bows, etc. to dress the parent/leader as the character they drew! The meeting ended with a gift exchange and refreshments. So much fun!

On December 10, they also had a community service day and members made 30 no-sew fleece blankets and decorated 38 dozen cookies. Everything was donated to first responders and nursing homes in the county. Members had a great time and recipients enjoyed it as well. The club has done this community service project for about 10 years!

Awesome Paws 4-H Club is also busy this time of year! Since this dog club suspends dog training from December until March, they are focusing on cooking and crafts so their members can practice their skills for the upcoming Fowlerville Fair Youth Show. Check out the creative reindeer treats below!



## Volunteers Needed for Grand Equestrians Therapeutic Riding Program



Is your New Year's Resolution to give back to your local community? Looking for a volunteer opportunity that will make a difference in a youth's life? The Grand Equestrians Therapeutic Riding Program is looking for adult volunteers. No horse experience necessary! The only requirement for volunteers is to be willing to help. Volunteers must be complete our 4-H volunteer screening process and be an active Gold level 4-H volunteer, if you are not, Kat and Jenny can help you get started on the process.

For more information about volunteering, contact Wendy Parks at [wlpinc@comcast.net](mailto:wlpinc@comcast.net).





# COUNTY 4-H NEWS

## Livingston County 4-H Hartland New and Used Tack Sale: Saturday, January 14th, 2023: 10 am - 2 pm



Please continue help us spread the word about the Livingston County 4-H Hartland New and Used Tack Sale sponsored by the Livingston County 4-H Horse Committee on Saturday, January 14<sup>th</sup> from 10 am – 2 pm at the Hartland Educational Support Service Center, 9525 E. Highland Rd., Howell, MI 48843. The public is invited to buy or sell. Spaces available include: 6'x8' = \$20 or 6'x16' = \$30. Tables (5'-6') are available \$5 per table (additional fee). Please obtain space for any kind of racks and racks cannot be in aisles. All fees are non-refundable. No dogs (except service dogs) allowed in buildings. Set-up begins at 8:00 am and doors open to public at 10:00 am, no early sales or entry. To reserve a space, please fill out a [flyer](#) and make checks out to LCHLA and mail to: LCHLA c/o MSU Extension 2300 E. Grand River Suite 111 Howell, MI 48843.

Questions? For more information, contact Paula at 517-404-4544 or [gustyacres@yahoo.com](mailto:gustyacres@yahoo.com)

## 2023 Horse Judging and Horse Hippology Teams Forming Now! You Do Not Need to Own a Horse to Participate.

Winter is the perfect time to study up on your horse knowledge and meet up with fellow horse and horse-less project 4-H members. Practices and farm visits started December 28<sup>th</sup>, but there is still time to join!

Horse Judging teaches what judges look for in conformation (halter) and performance (riding) classes. This is great information to know for youth participating in horse projects or if you ever shop for a horse of your own. The practice contest is February 3-4, and The Michigan 4-H/FFA Horse Judging Contest is April 16. Horse Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors,

care, equipment, health and welfare, and riding disciplines. The Michigan 4-H Hippology Contest is March 18.



For more information, contact Lynn Perry, 517-376-1164, [Lynn\\_Perry@yahoo.com](mailto:Lynn_Perry@yahoo.com).



# COUNTY 4-H NEWS

## Michigan 4-H Equine Events for 2023

- **August 18-20:** State 4-H Horse Show

Save the Dates for the 2023 Youth Equine Events! Full event details for each event will be coming soon. Follow the [Michigan 4-H Horse Program on Facebook](#) for more updates.

- **January 14-15:** Michigan 4-H Horse Judges and Show Volunteers Conference
- **February 3-4:** Horse Judging Workshop and Mini Contest
- **March 18:** Michigan 4-H Hippology Contest
- **April 15:** Hairy Horse Show
- **April 16:** Michigan 4-H/FFA Horse Judging Contest



## What are Our 4-H Committees and What Do They Do?

As we have many families and members new to 4-H, we want to remind new and experienced 4-H'ers of the opportunities available at our 4-H Committee meetings.

In our county, we have the following committees that provide opportunities for youth and volunteers to have their voices heard and participate in leadership positions. We encourage all of our youth and leaders to attend one or more of these meetings:

- **4-H Council:** The 4-H Council assists in planning, helping, advising and promoting the Livingston County 4-H youth program. The 4-H Council has opportunities for adult officers and youth to serve in junior officer roles.
- **Animal Project Committee:** This committee recently formed combining both large and small animal project areas and is open to any youth, parents, or volunteers who are active or interested in these projects areas. This committee also helps with livestock clinics.
- **Horse Association:** The purpose of the Horse Association is to support fun and educational activities for 4-H members of Livingston County in the area of horse & pony using the Michigan 4-H guiding principles. This committee has youth officers and adult advisors.
- **Therapeutic Riding Program Committee:** This committee's purpose is to enrich the lives of children with disabilities residing in Livingston County and beyond (county residents given first priority) through the Grand Equestrians therapeutic horseback riding program. This committee only has adult officers.







# STATEWIDE CALENDAR OF EVENTS

## Save the date for Michigan 4-H equine events



Michigan 4-H equine programs are gearing up for a busy year! If you are an equine enthusiast, be sure to mark your calendar for these dates and look for additional information in the weeks and months ahead.

- February 3-4: Horse Judging Workshop and Practice Contest
- March 18: Michigan 4-H Hippology Contest
- April 15: Hairy Horse Show
- April 16: Michigan 4-H/FFA Horse Judging Contest
- August 18-20: State 4-H Horse Show

For more information on events, [www.canr.msu.edu/horses\\_ponies/registration-information](http://www.canr.msu.edu/horses_ponies/registration-information).

### January 10: Wild Spartans - Working Towards a Career as a Wildlife Biologist

*Online*

Meet Erin Johnston, wildlife biologist - wildlife and habitat section lead for the Keweenaw Bay Indian Community with the Michigan Natural Resources Department. Learn about researching, managing and protecting species with cultural significance, as well as Johnston's field work, and the education and career path she followed.

[www.canr.msu.edu/events/wild-spartans-series-january-2023](http://www.canr.msu.edu/events/wild-spartans-series-january-2023)

### January 14 – 15: Michigan 4-H Horse Judges and Show Volunteers Conference

*MSU Pavilion, Lansing*

This annual event is open to all judges, horse show managers and adult volunteers.

[www.canr.msu.edu/events/michigan-4-h-horse-judges-and-show-volunteers-conference](http://www.canr.msu.edu/events/michigan-4-h-horse-judges-and-show-volunteers-conference)

### January 16-20: 2023 National 4-H Shooting Sports Quiz Bowl

*Online*

4-H members test their shooting sports and natural resources knowledge with peers across the nation. Registration should open around Jan. 1.

[www.canr.msu.edu/events/2023-national-4-h-shooting-sports-quiz-bowl](http://www.canr.msu.edu/events/2023-national-4-h-shooting-sports-quiz-bowl)

### January 28: State 4-H Rabbit & Cavy Show

*MSU Pavilion, Lansing*

This one-day event is open to participants aged 8 to 19. To enter, exhibitors must be Michigan 4-H members and own the rabbits or cavies they enter.

[www.canr.msu.edu/events/state-4-h-rabbit-cavy-show-2023](http://www.canr.msu.edu/events/state-4-h-rabbit-cavy-show-2023)

### January 31: Adulting 101- International Conversations

*Online*

Join us for an engaging cultural conversation live and learn about another county. Gain new knowledge and ask questions that interest you with an international guest.

[www.canr.msu.edu/events/adulting-101-international-conversations](http://www.canr.msu.edu/events/adulting-101-international-conversations)

### February 11: 4-H Shooting Sports Instructor Certification Workshop

*Paw Paw Conservation Club, Paw Paw*

Interested in leading Hunting & Wildlife shooting sports with a 4-H club? Become a Certified Instructor at this one-day, hybrid workshop! Registration closes Feb. 1.

[www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-pawpaw](http://www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-pawpaw)





# STATEWIDE 4-H NEWS



## 2023 4-H Day at the Breslin Center

Make plans to join us for the seventeenth annual celebration of MSU Extension 4-H Youth Development at the MSU Women's Basketball game. The Spartans will host the Penn State Nittany Lions on Sunday, February 12, at the Jack Breslin Student Events Center on MSU's campus. Tip-off is 3 p.m. with gates opening to the public at 1:30 p.m.; come early to enjoy all the fun activities going on around the concourse.

Gather with 4-H friends, families, volunteers and staff for this annual event! Tickets will soon be available at: [www.canr.msu.edu/events/msu-extension-day-at-the-breslin-featuring-michigan-4-h](http://www.canr.msu.edu/events/msu-extension-day-at-the-breslin-featuring-michigan-4-h).

## Registration is now open for 4-H Animal Science Career Quest!

Are you interested in a career working with animals? Join us for 4-H Animal Science Career Quest to learn more about career paths in animal science and veterinary medicine, as well as the MSU programs that can get you there! This program is a joint effort between Michigan 4-H, the MSU Department of Animal Science, and the MSU College of Veterinary Medicine, and its focus is introducing youth to the wide variety of career options available to them within these fields.

This event will be on February 18-19 on MSU's main campus in East Lansing. It is open to youth ages 12-19 and 4-H volunteers, and participants can choose to attend one or both days. Space is limited, so don't delay! Register now at <https://www.canr.msu.edu/events/animal-science-career-quest>.

## Resolve to have a great 4-H year

*Authored by Christine Heverly, MSU Extension.*

*Adapted from an article originally published by Sandy Risedorph.*

As we start to think ahead to the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Robert's Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
5. Fun will be included in each meeting.
6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members' favorite project, or bringing in a guest speaker.
7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
8. New members will have a buddy they may talk with about any 4-H questions.
9. The 4-H pledge will be said at every meeting.
10. Every club member will be recognized in some way to let them know they are cared about.





# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

### Purpose of Play

**Class Date:** January 19th

**Class Time:** 7:00PM to 8:30PM

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_U4dleNZRQHS2CvBw5PbXHA](https://msu.zoom.us/webinar/register/WN_U4dleNZRQHS2CvBw5PbXHA)

### ABC's of Early Literacy

**Class Date:** January 27th

**Class Time:** 1:00PM to 2:30PM

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_yenkWkOnQ7Gncpf3TSJrrQ](https://msu.zoom.us/webinar/register/WN_yenkWkOnQ7Gncpf3TSJrrQ)

For more information contact Vivian Washington at [washi138@msu.edu](mailto:washi138@msu.edu)



## Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

### Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

**Registration:** <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

### Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

**Registration:** [https://www.canr.msu.edu/early\\_childhood\\_development/infant-safety/](https://www.canr.msu.edu/early_childhood_development/infant-safety/)

### MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

**Registration:** <https://miparentingresource.org/>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)





# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

### Class dates:

- 1/3/23: Positive Discipline
- 1/10/23: The Resilience Toolbox
- 1/17/23: What Children Need to Know to Start School
- 1/24/23: Talking With Kids About Race
- 1/31/23: Mindfully Feeding Infants and Toddlers



**Registration:** [https://msu.zoom.us/webinar/register/WN\\_prC0K8g9SFe2es2ymb6\\_kg](https://msu.zoom.us/webinar/register/WN_prC0K8g9SFe2es2ymb6_kg)

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

## The Parent Talk System

Do you feel like your children aren't listening to you? Finding yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

**Class dates:** : January 23, January 30, February 6, February 13, February 20, February 27

**Class times:** 8-9:30 pm EST

**Registration:** <https://events.anr.msu.edu/ParentTalkJanuary2023/>

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

**Class dates:** January 5, January 12, January 19, January 26, February 2

**Class times:** 7:30 pm-9 pm EST

**Registration:** <https://events.anr.msu.edu/GuidingPrinciplesJanuary2023/>

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

